

Sacred Heart Parish

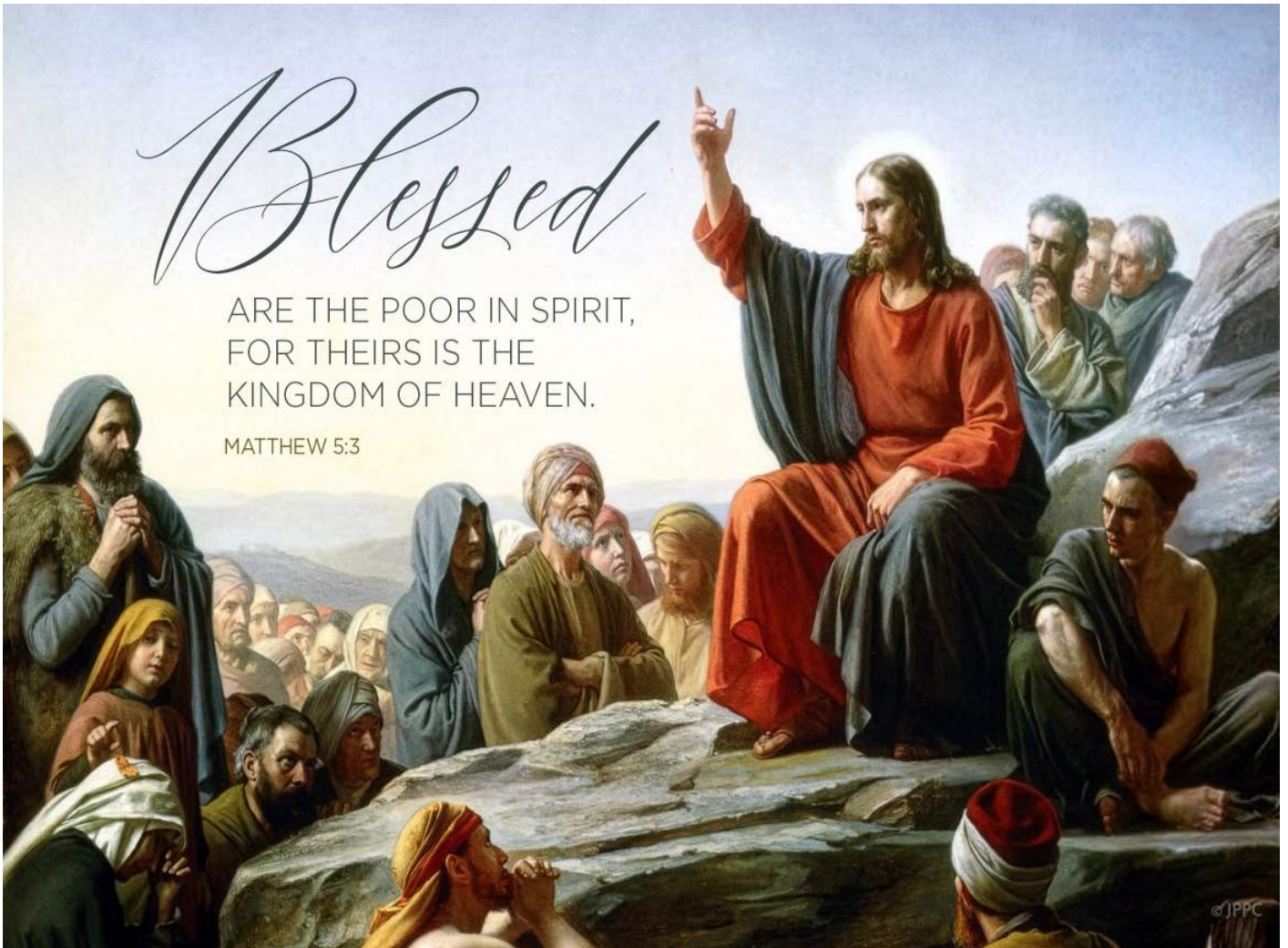
120 Jefferson Street ~ Swedesburg, Pennsylvania, 19405

(610) 275-1750

Blessed

ARE THE POOR IN SPIRIT,
FOR THEIRS IS THE
KINGDOM OF HEAVEN.

MATTHEW 5:3



Rev. Peter J. DiMaria

Pastor

frdimaria@shswedesburg.org

Rev. Thomas A. Nasta

Pastor Emeritus

Rev. James A. Lyons

*Pastor Emeritus - Our Lady of Charity
Weekend Assistant*

FOCUS Missionaries:

Caitlyn Sechuk

csechuk@shswedesburg.org

Thomas Horlander

thorlander@shswedesburg.org

Holy Mass:

Saturday: Anticipated Mass 4:00 pm

Sunday: 8:00 am & 10:15 am

Monday through Friday at 8:00 am

Sacrament of Penance:

Sunday: 9:30 to 9:50 am

Wednesdays:

7:30 to 7:50 am & 6:30 to 7:00 pm

Saturday: 3:00 to 3:45 pm

Linda Moser

Coordinator of Religious Education

lmoser@shswedesburg.org

Leo Brady

Sacristan

Mary Sue Kilian

Parish Bookkeeper

mkilian@shswedesburg.org

Joanne D'Alessandro

Parish Office Manager

jdalessandro@shswedesburg.org

Brenda Turner

Cemetery Manager

Parish Office Assistant

bturmer@shswedesburg.org

Carl Gedeik

Director of

Liturgical Music

Joe & Jeff Houseal

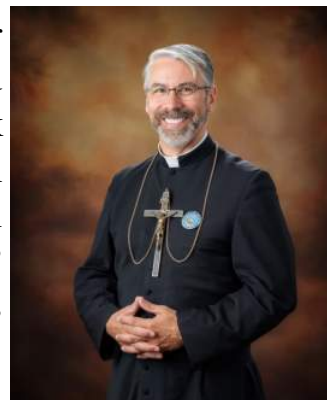
Directors of Parish

& Cemetery Facilities

FEBRUARY 1, 2026
FOURTH SUNDAY IN ORDINARY TIME

Lenten Mission at Sacred Heart Church, Bridgeport

Sacred Heart Church, Bridgeport, invites you to participate in their Lenten Parish Mission which begins on Monday, February 22 and ends on Thursday, February 26. Each evening beginning at 7 o'clock Fr. Ken Geraci of the Fathers of Mercy will conduct this Lenten program entitled: **Why Be Catholic?** Among the topics Fr. Geraci will address will be: What Did Jesus Do: Church or Spirituality? Two Obstacles To Healing, and How To Pray the Mass. Confessions will be available on each night of the Mission beginning at 6 p.m.



Spaghetti Dinner

**Sunday,
February 15, 2026
4:00 - 6:00 pm**



**Adult: \$ 12
Child: (3-9) \$7
Under 3 Free**

School Hall

**Ticket sales start Jan. 24th
after Mass & at Rectory**

**Spaghetti &
Meatballs
Italian Bread
Caesar Salad
Italian Salad
Beverages
Desserts
BYOB**

Archbishop Nelson J. Pérez has proposed a bold vision for the future of the Catholic Church of Philadelphia in his pastoral letter, *Trust and Hope* (more information can be found at TrustandHope.org). The Catholic Church of Philadelphia is not defined by its structures, but by its greatest treasure – it's people. To plan its future, the Archdiocese is working with the Steier Group, a national Catholic fundraising firm, to conduct a campaign planning study. Please accept the invitation to share your feedback on the the Church of Philadelphia's proposed plans. This is our moment to renew the Catholic Church of Philadelphia – to strengthen parishes, form missionary disciples, and bring Christ to a world in need. **YOUR VOICE MATTERS!** Impact our future by taking our survey at: <https://forms.office.com/r/9fcs95U5B4> or scan the QR code.



February

Feast of Saint Blaise - The Blessing of Throats will take place at the 8:00 am Mass on Tuesday, February 3rd.



Caring for Friends
Sharing food and friendship

CARING FOR FRIENDS

It's time to get cooking!

Join us on **Wednesday, February 11th**, at 6:00pm and come to the Parish Hall.

All you need to do is make a pot of your favorite homemade soup, a hearty batch of chili, some mac and cheese or your favorite "comfort food" that can be scooped into a 16oz container. It needs to be able to be frozen so extra sauce or broth should be brought!

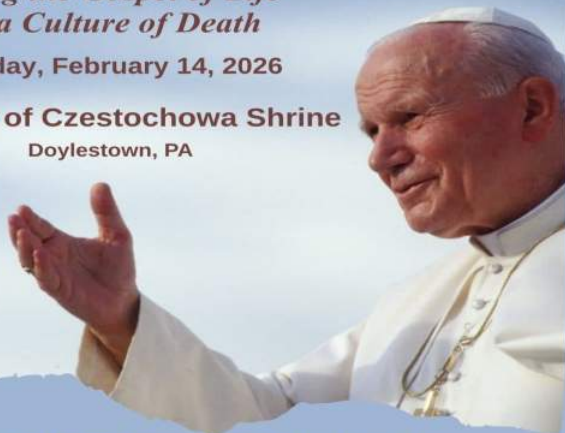
Your CFF Team,
Pat, Nadine, Karen and Lisa

Evangelium Vitae at 30:

Living the Gospel of Life in a Culture of Death

Saturday, February 14, 2026

Our Lady of Czestochowa Shrine
Doylestown, PA



9 a.m. Mass celebrated by Bishop Efrén Esmilla
Symposium: 10 a.m. to 3 p.m.

Moderator: Dr. Daniel Drain, Office for Life & Family, Archdiocese of Philadelphia

A light lunch will be provided. There is no charge for this event.

To register, email EV30@prolifeunion.org



For more information on our Guest Speakers visit prolifeunion.org

Friday, February 13th

Doors open 6PM

Games at 7PM

Parish Hall

BINGO



Sponsored by:

Knights of Columbus

Come on out and have a great time!



MASS INTENTIONS

Saturday, January 31

4:00pm For the Deceased Members of the Pizza Family

Requested by Bob & Theresa Wagner

Sunday, February 1

8:00am Dolores Burton

Requested by Mary Sue & Larry Kilian

10:15am José Arias

Birthday Remembrance

Requested by His Mom

Monday, February 2

8:00am Jon Edwards

Requested by Larry & Regina Przybyszewski

Tuesday, February 3

8:00am Robert & Frances McGettigan

Requested by Liz & Andrew Oreo

Wednesday, February 4

8:00am Jane Zadroga

Requested by Son, Thomas

Thursday, February 5

8:00am Samuel Dauby

Birthday Remembrance Feb. 6

Requested by Andrew & Brianna Dauby

Friday, February 6

8:00am George Estock III

Requested by Barbara Roskos

Saturday, February 7

4:00pm Lewis & Alice Springer

Requested by Carl & Kass Perretta

Sunday, February 8

8:00am Dorothy Watson

Requested by MaryCatherine Murphy

10:15am Ken & Sophie Gunsalus

Requested by The Family



LITURGICAL MINISTRIES



Let Us Serve The Lord With Gladness!

The following Ministers are scheduled for our Parish Masses.

Saturday evening, February 7:

4:00pm

Celebrant: Father Giuffre

Extraordinary Minister: Barbara JanFrancisco

Lector: Walt Fromm, Jr.

Sunday morning, February 8:

8:00am

Celebrant: Father Lyons

Extraordinary Minister: Marjorie Pruskowski

Lector: John Simmons

10:15am

Celebrant: Father Giuffre

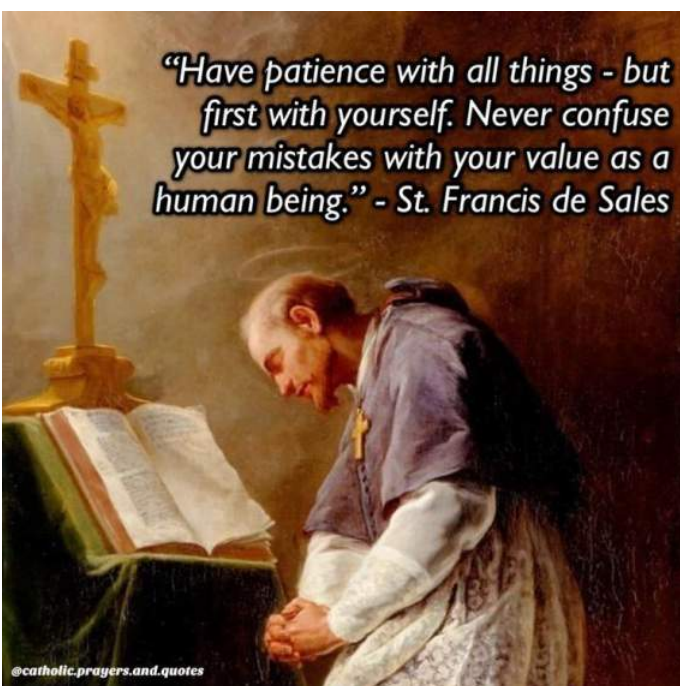
Extraordinary Minister: Larry Kilian

Lector: Chris Kilian



Weekly Report

Once again the snow storm last weekend negatively impacted our Mass attendance and collection. When it snows our income decreases and our expenses increase. Please consider "making up" your missed offering last Sunday. Thank you for all your support.





The next book club meeting will be on Tuesday, February 17th at 1:30 in the Rectory Meeting Room. We will be discussing The Prayer Box by Lisa Wingate.

Pick up your copy today and join us on Feb. 17!



Registration for Sacred Heart PREP Summer Session begins on February 1, 2026.

The session runs from June 15 to June 19, 2026, scheduled daily from 9 a.m. to 2 p.m.

*If Upper Merion Area School District schedules a makeup day on June 15, the program will begin on June 16, with an extra hour added each day.

PREP registration fees are as follows:

- \$125 for one child
- \$150 for two children
- \$175 for three or more children

Register between February 1 and March 29. Registrations submitted after March 29 will incur a \$50 late fee. If you have questions or concerns, please contact the Pastor or CRE. Registration forms are available at the back of the church or on the parish website.

Children must complete two consecutive years of religious education before receiving a sacrament, which includes attending all required sacrament preparation classes. Furthermore, all students must complete five PREP family activities by the end of each PREP year.



Philadelphia's Annual Catholic Men's Conference

"PICK UP YOUR CROSS AND FOLLOW ME"

Man Up Philly 2026 invites the men of the Archdiocese of Philadelphia to the **18th Annual Men's**

Spirituality Conference to be held on Saturday, February 28th at **Cardinal O'Hara's St. John Vianney Hall Theater.**

We encourage all men - fathers, sons, brothers, friends - to join us for an inspiring day of faith and fellowship. Start the season of Lent by **Picking up Your Cross** and following Jesus for your family, parish, and community.

For more information and to register, visit: www.ManUpPhilly.com

Monday Night Rosary will be recited in church each Monday at 7 p.m.

Pro Life Holy Hour at 12:00 noon each Wednesday in church.



- | | |
|------------------------|--------------------------|
| Salvatore Salamone | Al Cowling |
| Francisca Diniz | Mary (Puzio)Stephenson |
| Lisa Ronan | Mary Boyle |
| David Reuter | Fran Toth |
| Bob Bores | Joan Birely |
| Chas Pires | Martha & John Smoczylo |
| Julie Burk | Kelly Benedict |
| Greg Schloth | Patricia Gaffney |
| William J. Ryan | Angela Desmond |
| June DiDesidero | Eileen Brandt |
| Cindy Burke | Denise & Tom Kavanagh |
| Parker Grey Davis | Michael Martin |
| Catherine Martin | Ronald Halas |
| Joseph Puzio | Marge & Stan Leszczynski |
| Piper Kaplan | Fran & Rob Worrall |
| Francis Rodenbaugh III | Marion Raup |
| Karen Braithwaite | Irene Elliott |
| Elaine Fertal | Butch Rodenbaugh |
| Barbara Pruskowski | Nicholas Janicki |
| George Minnis | Laurie Ronan |





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A PLACE TO HEAL FROM ABORTION

DATES: MARCH 6-8, 2026

LOCATION: IHM SPIRITUALITY CENTER
210 IHM DRIVE MALVERN, PA 19355

If you or someone you love has been suffering from the emotional and spiritual pains of an abortion – no matter how much time has passed – please know that a Rachel's Vineyard retreat weekend will help your soul transform that pain into a hope for the future. **Rachel's Vineyard retreats bring healing and God's forgiveness to the trauma and darkness of abortion for those who think they have committed the unforgivable sin.** God's mercy is greater than sin and is waiting for us to reach out for it. Join us for a safe, loving and confidential weekend to experience the healing power of God's infinite mercy.

Contact our team to register or for questions:
Susan – 610-716-4795, Susiemck@comcast.net
Georgeann – 484-955-4278, geemcgarry@gmail.com

Women of Hope Retreat March 20-22, 2026

Come to Malvern Retreat House to renew and refresh, while strengthening your relationship with our Lord. Take time and share in the company of women who seek more for their faith lives. The theme is, **"Come into My Eucharistic Presence and be filled with the Fruits of Love and Mercy."**

We are pleased to have **Bishop Joseph Coffey** as our retreat director. Celebrate Mass in our first Archdiocesan Shrine dedicated to St. Carlo Acutis, the first millennial saint of the youth. Please consider the gift of this weekend retreat for yourself and other women in your life. Conferences, time for reconciliation, Stations of the Cross, and the Rosary will be part of the weekend. The cost is \$290, and a \$75 deposit minimum is requested to secure your spot. To register, call 610-644-0400 or visit <https://www.malvernretreat.com>



JOIN US!
DOUBLE-EVENT



MARCH 15, 2026

SIPPIN' FOR
THE SISTERS



1-3:30PM

Villa Maria House of Studies
1 Our Lady Circle
Malvern, PA 19355

IRISH CONCERT
WITH



Internationally
renowned
Tenor
**MARK
FORREST**

4-6:00PM

Maureen Cislo
610-647-2160 ext. 1926
Maureen.Cislo@ihmimm.org

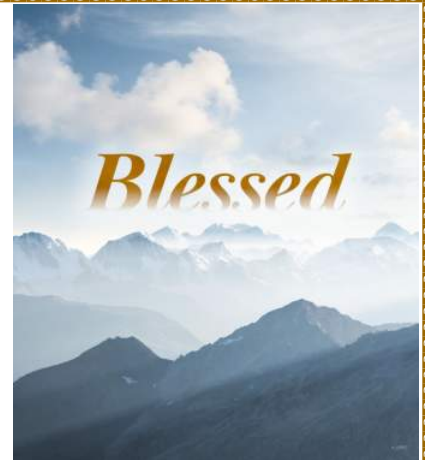


The building is accessible.

FEBRUARY 1, 2026

FOURTH SUNDAY IN ORDINARY TIME

Reflection by Rev. Leonard N. Peterson



Those among us who have had serious medical issues involving either demanding exams and/or surgeries know all about “remote and proximate preparation.” For the remote kind, that might mean bringing to a temporary halt the intake of certain medications or foods. The proximate kind most often involves fasting from food and drink, even water. Neither regimen is fun, but we accept it. Doctor knows best, right?

You could summarize our Scripture selections this weekend as examples of both kinds of preparation needed for our next life. You know the one I refer to; the one we do not think about enough. Life eternal with God.

Remotely it involves that elusive and challenging decision to be humble and take a long hard look at ourselves before God. He created us out of nothing and that is what we return to after death. That is the point that Ash Wednesday drives home every year.

Proximate preparation invites to acquire humility, which acts as a daily checkup on how well we apply this sense of what is “real” to our daily decisions. A daily honest appraisal of ourselves via a nighttime examination of conscience just before sleep.

We note the humble people being honored by the prophet Zephaniah in our First Reading. The “Anaheim” (AN uh ween) or devout poor among the Hebrews who stayed faithful to the Lord despite the pressure of the pagan atmosphere around them.

Then St. Paul, in his letter to the Corinthians boldly tells us that “God chooses the foolish (or humble) to shame the wise (or proud).” He adds in a caution to his readers about any intended boasting.

Finally, we hear the opening of the great Sermon on the Mount, when Jesus immediately praises the “poor in spirit.” Here He implies the humility of such persons. He thus brings to perfection the Old Covenant, which more often emphasized the external rather than the eternal.

We receive a triple dose of medicine, as today we need to be spiritually healthy. Humility is a key feature of the preparation we need for the Lenten season now just a few weeks away. Some people need a lot of help getting this, as a certain true story illustrates:

The “LA Times” newspaper published a story a few years ago about a commercial airline flight cancellation which resulted in a long line of travelers trying to get booked on another flight. One man in the line grew increasingly impatient with the slow-moving line. Suddenly he pushed his way to the front and angrily demanded a first-class ticket on the next available flight. “I’m sorry,” said the ticket agent, “but I’ll have to take care of the people who were ahead of you in the line.”

The irate man then pounded his fist on the ticket counter, saying, “Do you have any idea of who I am?” Whereupon the ticket agent picked up the public address microphone and said, “Attention please! There is a gentleman at the ticket counter who does not know who he is. If there is anyone in the airport who can identify him, please come to the counter.” Hearing this, the man retreated, and the people waiting in line burst into applause.

God love you and give you, His peace.

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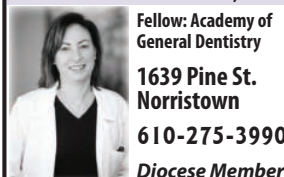
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in remembrance of *samantha josephson*

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