



Sacred Heart Church

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THIS IS MY
BELOVED SON,
WITH WHOM I AM
WELL PLEASED;
listen to him.

MATTHEW 17:5

© JPPC

MARCH 1, 2026
SECOND SUNDAY OF LENT

FR. PERI. ANANDARAYAR, SdC *Pastor*

FR. SILVIO DE NARD, SdC *Assistant Pastor*

**Sacred Heart Parish is entrusted to the care
of the Servants of Charity,
an international Religious Order
founded in 1908 by St. Louis Guanella in Italy.**

PARISH DIRECTORY

Rectory Office: (401) 434-0326 Ext. 3

Trustees: James Hopkins Jr. & Christopher Rossi

Organist/Music Director: Jean Kusiak

Religious Education Director: Sandy Duarte
(401) 434-0326 Ext. 4

WEEKEND MASSES

Saturday: 3:30 pm (City View Manor) & 5:00 pm

Sunday: 9:00 am & 11:30 am

DAILY MASS

Monday-Friday: 7:00 am

Saturday: 8:00 am

HOLY DAYS OF OBLIGATION

9:00 am & 7:00 pm (Church)

10:00 am (City View Manor)

EUCCHARISTIC ADORATION (Chapel)

Tuesday & Wednesday: 7:30 am – 3:00 pm

Saturday: 8:30 am – 4:00 pm

SACRAMENT OF RECONCILIATION

Saturday: 4:00 pm – 4:45 pm or by appointment

BAPTISM Sunday at 12:30 pm

CCD CLASSES

Sunday from 10am to 11am from September to April

REGISTRATION

*Please call the rectory and make an appointment
with the Pastor. We warmly welcome you to the Sa-
cred Heart Parish Family.*

MATRIMONY: *Contact the Pastor one year before
the date of your wedding.*

COMMUNION CALLS: *Every Thursday.*

*Please call the Rectory when someone desires to re-
ceive a visit from one of the priests.*

SENHOR SANTO CRISTO CHAPEL

O Senhor Santo
Cristo, we thank You
for all the benefits
that You have given
us. Keep us away
from physical and
spiritual dangers.

May Your peace reign in this world so far away from
You, the ultimate source of peace and love on earth.
Bless our families and parish. Amen.



PRAYER LIST

*We kindly ask you to keep the members of our pa-
rish family who are ill and suffering in your prayers:*

Donna Lemos; Danielle Lachance; Susan Burcroff; Linda F.; Jody Nivins; Donna Lima Johnson; Kristen Conti.; Sara F; Joan Leonardo; Maria Costa; Dennis Rodrigues; Louise Peck; Stephen Evans; Dennis Shea; Joan Marie; Jean Vincent; Jeff Purcell; Gloria Pacheco; Anna L.; Amy Joy; Gail Belt, Julie DaSilva; Maria Duarte; Freddy Rego; John Tavares; Richard Laiter; Marie Lawrence; Landon F.; Evelyn Cole; Lucia Dutra; Cheryl Dutra; Elizabeth Smith; Gabriela Costa; John & Jacob Thomson; Adriana; Megan Alix; Helia M. Nunes; Michael Adams; Francisco Gonzalez; Lisa Aguiar; Jennifer Griffith; Christine Luciano; Dorothy Hutson; John Carvalho; Gregory Zella; Kathy McCoy; Arlindo Borges; Roberto; Cheryl Parella; Marilyn Lucier; Derek; George Shea; James Barbosa; Ezequiel Melo; Hope Laiter; Matthew Boudreau; Daniel Lewis; Allison Roberto; Alex Wilson; Zachary Leiszler; Amy Federivicz; Carol Ladeira; TC; DC: Monica Rainville Baton; Fred Riales; Rosa Maria Santos; Katie Gauthier; Theresa C.; Sofia Lima; Cheryl, Gloria & Maria Lima, Bill Lynch; Ryan Massey, and all our sick parishioners at home, in nursing homes, hospitals and hospices.

May God bless you all.

Sanctuary Lamp Lit for this week is in memory of



NIDIA and ROBERTO DE BARROS

by Parish Family

*If you would like to have the sanctuary Lamp lit for the week in
memory of loved ones, please, put your intention in the collection
basket along with a free-will donation.*

SOMETHING TO REFLECT UPON...

MARCH 1, 2026

Today we celebrate the Second Sunday of Lent. The Gospel offers for our meditation the divine event of the Transfiguration of Jesus on Mount Tabor.

This event is proposed for our meditation during Lent as an introduction to Jesus' Resurrection from the dead on Easter Sunday.

As you know, Jesus is all the time sending messages to us, and we are supposed to be smart enough to read or listen to what he is doing and saying to people.

The Transfiguration comes as a teaching event from Jesus to the disciples. They were depressed because Jesus told them he was going to Jerusalem where he was going to suffer and be killed right there, the city that never welcomed the prophets and those sent by God, even the Son of God.

The event happened on Mount Tabor, a mountain in the northern part of Israel facing Lebanon.

The idea that the Messiah was going to suffer rather than be welcomed and accepted as the new king, was upsetting the apostles. They were eager to dream for themselves a future of success and power with Jesus and his new kingdom. Wrong expectation.

Peter himself dared to stop Jesus from being so gloomy. He took Jesus aside and began to rebuke him, "God forbid, Lord! No such thing shall happen to you." Jesus' reaction was very strong. He turned and said to Peter, "Get behind me, Satan! You are an obstacle to me. You are thinking not as God does, but as a human being."

Peter, the future first Pope, was called Satan by Jesus himself, the Son of God. Satan was an angel who convinced other angels to start another adventure, the adventure of eternal perdition and evil away from God, their Creator.

If that was not enough, later on Peter would deny knowing Jesus at the house of the High Priest in Jerusalem, where Jesus was arrested.

Peter's tears were a sign of his being sorry, sorry that Jesus accepted. For the rest of his life Peter remembered that event and became the rock upon which Jesus built his Church, our Church.

And he accepted to die as Jesus on the cross but upside down, not being good to die like Jesus.

We may be outrageously sinful in our life, but Jesus will never stop sending to our minds and hearts daily messages leading to conversion. We were born as sinners and God sends his Son to save us. This is something that only God can do: doing everything in his power to change our life. He came for that purpose and He went on the cross to show that God is creating us for holiness and not for perdition.



Jesus appears to the three disciples accompanied by Moses and the prophet Elijah.

Jesus is the glorious Lord, the Messiah, and the Son of God.

Before singing 'Holy, Holy Lord', the priest recites the Preface and says, "For after Jesus had told the disciples of his coming Death, on the holy mountain He manifested to them his glory, to show, even by the testimony of the law (Moses) and the prophets (Elijah), that the Passion leads to the glory of the Resurrection."

Jesus' message is very clear, even though we have a hard time accepting it, suffering and death brings salvation to those who believe in the Lord Jesus.

While Jesus was speaking to Moses and Elijah, a bright cloud cast a shadow over the three apostles. From the cloud came a voice that said, "This is my beloved Son, with whom I am well please. Listen to Him."

For sure we will never have the occasion to see Jesus when here on earth. However, we have the opportunity to listen to Him when reading or hearing the Gospel. We are created to be sons and daughters of God here on earth and to join Him in Heaven. This is our earthly job, a daily job: to listen to Jesus. Are we listening to Him when the Gospel is read during Mass, or are we not interested? Think about it otherwise your salvation is jeopardized. Let us pray to and love Jesus.

Have a wonderful and blessed Lent.

Fr. Silvio



MASS INTENTIONS

March 1 - 8, 2026

Saturday, February 28th

St. Hilarus, 46th Pope (d. 468)

8:00am: ***ELVINA HARROD** by daughter Peggy
***KATHLEEN PATTERSON** by a friend

3:30pm: ***CLIFFORD SILVA** by friends

5:00pm:

***EUGENE & ZULMIRA CUNHA, MANUEL & EVELINA SILVA**, by Bill & Beverly DaSilva

***ASHLEY GARCIA** by Bill & Beverly DaSilva

***THOMAS KIRK & DANIEL RUSSO** by Helena Perry

***MANUEL MEDEIROS** by family

Sunday, March 1st

Second Sunday of Lent

9:00am: ***JAMES HOPKINS SR.** by James Hopkins Jr

***LUIS DaSILVA** by Lucia Sousa

***JAMES DUTRA** by Barbara Dutra & family

***MURIEL & FRANK DUARTE** by Fran Clerx

11:30am: ***DEREK GWOZOW** by Diane Jennings

***ALL LIVING & DECEASED PARISHIONERS**

Monday, March 2nd

St. John Maron, Lebanese Bishop (d. 707)

7:00am: ***HOLY SOULS IN PURGATORY** by Carvalho family

Tuesday, March 3rd

St. Katharine Drexel, Nun from Philadelphia (d. 1955)

7:00am: ***KATHLEEN ROY** by family

***CAROL S. KERSHAW** by Ospina – Henao family

Wednesday, March 4th

St. Casimir of Krakow, Polish king (d. 1484)

7:00am: ***SOULS IN PURGATORY** by D.S.

Thursday, March 5th

St. Lucius 1st, 22nd Pope (d. 254)

7:00am: ***PEACE IN THE WORLD** by S.D.

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Friday, March 6th

St. Colette Boilet, French Nun (d. 1447)

7:00am: ***CONVERSION OF THE WORLD TO GOD**

***SOULS IN PURGATORY** by a parishioner

6:00pm: ***STATIONS OF THE CROSS**

Saturday, March 7th

Sts. Perpetua & Felicity, N. Africa, martyrs (d. 203)

8:00am: ***FOR THE SICK & SUFFERING** by a parishioner

3:30pm: ***JOHN & ANTHONY SANTAGATA** by Everett Santagata

5:00pm:

***ALL LIVING & DECEASED PARISHIONERS**

Sunday, March 8th

Third Sunday of Lent

9:00am:

***LUIS DA SILVA** by Lucia Sousa

***CONCETTA HOPKINS** by James Hopkins Jr

***JAMES DUTRA** by Barbara & family by family

***MURIEL & FRANK DUARTE** by Fran Clerx

11:30am:

***MARY BORGIA** by family

SACRED HEART CHURCH

2026 LENTEN ACTIVITIES

- STATIONS OF THE CROSS -

Every Fridays 6 pm

- March 29 – PALM SUNDAY –

- Tuesday, March 31 -

Penance Service

in preparation for Easter

- April 5 – EASTER SUNDAY -



<< CCD Corner >>

Classes are in Session!!!

ATTENDING MASS ON SUNDAY IS MANDATORY NOT OPTIONAL. PLEASE, DEAR PARENTS, BE THE FIRST FORMATORS OF GOOD CATHOLICS FOR YOUR CHILDREN.

If you have any questions or concerns, please contact Ms. Sandy at 401-434-0326, Ext. 4 or via email at sduarte@sacredheartepri.com

SACRED HEART CHURCH

Dear Parishioners and Friends.
During the second week of March, a second collection will be taken up at all Masses to assist with the fuel costs of our parish buildings, most especially our church. We are most grateful for any contribution you are able to make.
Your generosity is a blessing to our parish community.

May God bless you and your families.

Yours in the Lord,

Fr. Peri and Fr. Silvio

Legion of Mary

Join the Legion on

Thursdays at 6:30 PM

Sacred Heart Church Hall

Any questions? Call Edward Gallagher at 401-573-3630

Or Father Peri at the Rectory

TAX RETURNS

Parishioners who would like a certificate from the Parish stating the amount of money donated to the church during 2025 may contact the Pastor Fr. Peri at the rectory or at church after Mass. Thank you.

Sacred Heart Bible Study

"Learn the Bible and Grow Closer to God"

Monday March 2

Church Hall - 6:00 PM

Everyone is welcome

GOD'S PLAN FOR GIVING

"How shall I make a return to the Lord for all the good He has done for me?"

SUNDAY COLLECTION A WEEK AGO

At Mass Giving \$

TOTAL \$

A YEAR AGO \$

THANK YOU

SACRED HEART PARISH 2026 HOLY GHOST DINNER

Dear Parishioners and Friends,
Our annual Holy Ghost Dinner in memory of Mr. Charles DeMedeiros will take place in our church hall at 6:30 PM on **Saturday, March 21st, 2026.**

>>>> RICE BOWL <<<<

During Lent we are invited to help people around the world suffering hunger and not having opportunities to have medical assistance. It is the annual "**RICE BOWL**" activity. We thank you for your generosity towards those who suffer.
God will be happy at you.
Thank you.

SACRED HEART 365 CLUB

April 1, 2025 – March 31, 2026

81 MARIA LEMOS

\$ 30.00

2026 GUIDELINES for LENT

ABSTINENCE from meat on Ash Wednesday and all Fridays of Lent (for those 14 and older) is required by Church law.

Ash Wednesday and Good Friday are **FAST DAYS** for those between the ages of **18 and 59**. They should eat less, meaning, take no solid food between meals and only one full meal that day.

Serious health conditions excuse a person from these precepts.

This traditional practice is a way to offer to the Lord some sacrifices for His suffering and death endured for our sins.

It is an act of thanksgiving and praise to our Savior Jesus Christ.

MINORS, who are not bound by the law of fast and abstinence, should participate at the discretion of their parents to some kind of acts of penance.

Sunday Chuckle
Sunday Chuckle



You left this on your plate and then walked away. I saved it from getting cold or falling on the floor.

HAVE A BLESSED WEEK

WORDS of WISDOM

The most deadly poison of our time is indifference.

Let us strive to praise the Lord Jesus to the greatest extent of our powers.



"I've finally reached The Wonder Years"

Wonder where I parked the car?

Wonder where I left my phone?

Wonder where my glasses are?

Wonder what day it is?



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*May they rest in peace
in the presence of
our Lord Jesus Christ*

By James Hopkins, Jr.



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